



RE- DRESS

CLOTHES SWAPPING DAY

When:

Where:

Join our clothes swapping day and revitalise your closet in a climate-friendly way. Clothes swapping day is a fun and social activity that helps reduce our impact on the environment.

Bring your own fresh, clean clothes in good condition. Each garment you leave gives you a new one for free.



In Sweden clothes swapping day has been arranged annually by the Swedish Society for Nature Conservation since 2010. We think it's such a great idea we want to help spread it around the world.

The garments that you are tired of or that no longer fit will make new and fun clothing for someone else. The life of the clothes will be extended and together we contribute to a better environment.

Clear your wardrobe of perfectly good clothes that you no longer use. Bring them to clothes swapping day and leave with an equal number of new clothes, completely free of charge. It couldn't get any better, either for you or the environment.

Both in the manufacturing process and in the growth of cotton and other raw materials, lots of chemicals are typically used, along with huge amounts of water and energy. This puts a heavy toll on the environment, and sometimes people who make the clothes have poor working environments.

But there are better ways to get new clothes besides buying new. Second hand is environmentally smart and fun. On clothes swapping day it becomes even better. It's free so there's no reason you shouldn't give it a try.

Afterwards, you can help spread the idea further by posting pictures of your favourite new clothes on social media along with the hashtags **#redress** and **#clotheswapping**



Benefits for the environment

Growing cotton, manufacturing of fabrics and transport the clothes requires water, energy and chemicals. By reusing 1 kilogram of clothes* instead of buying new, you save approximately:

- 15 kilograms of carbon dioxide (CO2) equivalents
- Between 10,000 and 15,000 litres of water
- 2.7 kilograms of chemicals

*example based on a pair of jeans, a top and a thin jacket

Benefits for you

Besides helping out our environment, there are several benefits to you personally:

- You don't have to throw away perfectly functional clothes
- You get new clothes for free
- You get to meet likeminded people

WANTED

STYLISH SECOND-HAND CLOTHES

- Bring items of clothing you no longer need or want. We only accept fresh and clean garments in good condition. Accessories (e.g. bags, shawls) and shoes in good condition are also accepted.
- You will receive a ticket for each garment you leave, which will entitle you to pick out another garment for you.
- Garments that are left over at the end of the day will be donated to a local non-profit organisation or second-hand store. Clothes will not be returned to the previous owner.
- Clothes may be dropped off throughout the event. Drop-off of clothes may also be available ahead of the scheduled clothes swapping day. Contact the organisers for information.



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